



Norfolk and Suffolk Health and Care Awards 2026

Inspirational Leader Award

Angel Clark

1 Oak Group

Angel Clark, CEO of 1 Oak Home Care, is an inspirational and values-driven leader whose vision of "care done differently" has created a culture rooted in compassion, integrity and collaboration. She has built an organisation where staff feel genuinely valued, heard and empowered, recognising that a supported workforce delivers the highest quality care. Her open and approachable leadership style fosters trust and psychological safety, enabling honest communication, innovation and continuous improvement across the team.

Angel's leadership has driven both growth and innovation, expanding services and developing initiatives that respond directly to community need. She actively invests in her team's development, offering mentoring and progression opportunities that strengthen both individual potential and overall service quality. Her person-centred, relationship-led approach ensures care goes beyond tasks, focusing on meaningful human connection and dignity for those supported.

A standout example of her impact is the rapid creation of a community meals service following the unexpected closure of local provision. Within just 11 days, Angel transformed a disused space into a functioning kitchen, now delivering around 60 meals daily alongside welfare checks. This initiative reduces isolation, supports independence and helps prevent escalating health needs.

Angel's work has led to measurable improvements in quality of life for service users, high staff retention and excellent care standards. Her leadership extends beyond her organisation, strengthening community partnerships and resilience. Through passion, innovation and unwavering commitment, Angel has created a sustainable model of care that delivers lasting positive impact.